



**Lights
Block
Sights**

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Sights

What Are
You Missing?

Choose Warm Light Bulbs



\$3bn A Year
70% Inefficiency
21 Tonnes of CO₂ a year
doubling in the next 30 years
33% of the world are Grade 8 & 9
99% affected

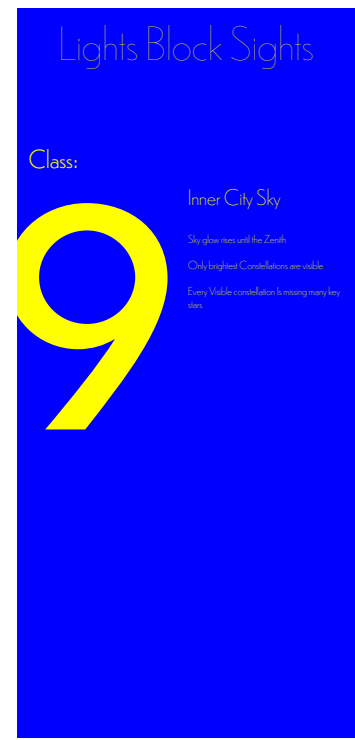
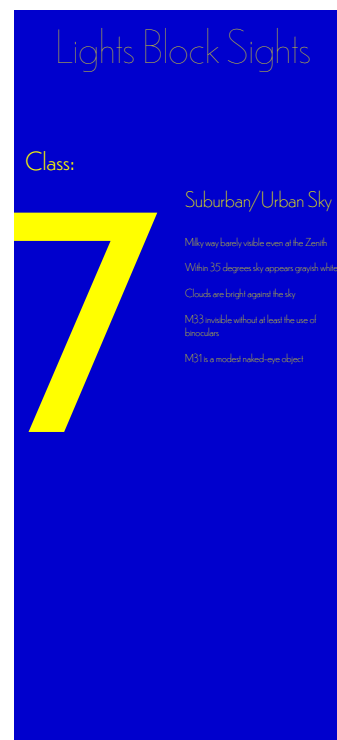
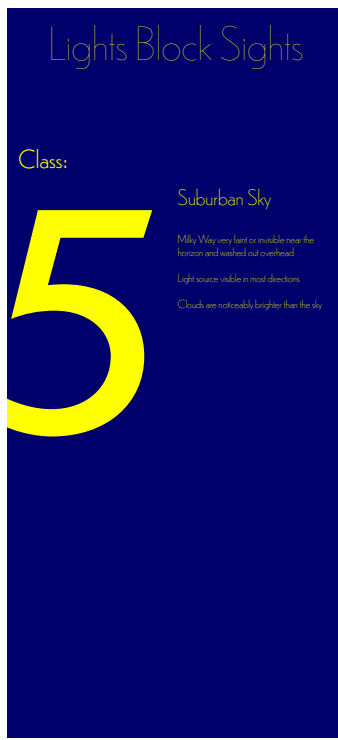
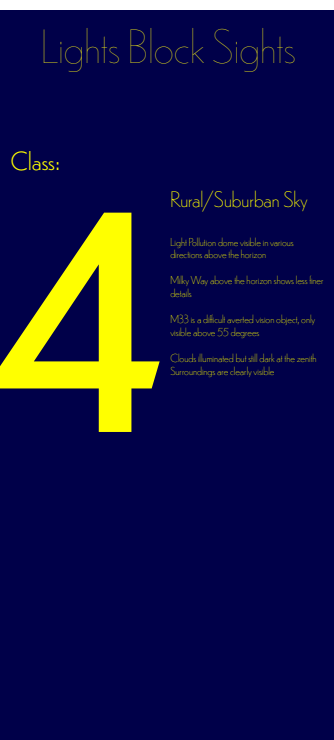
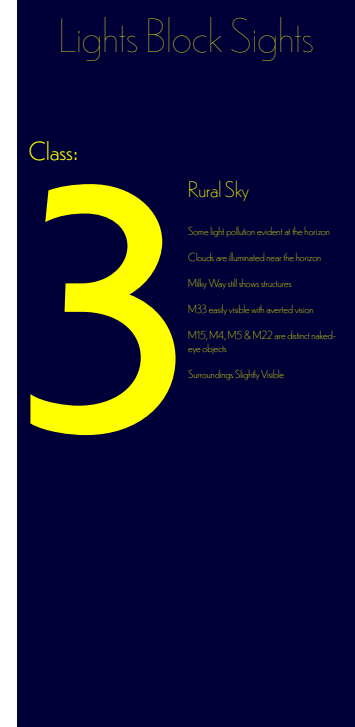
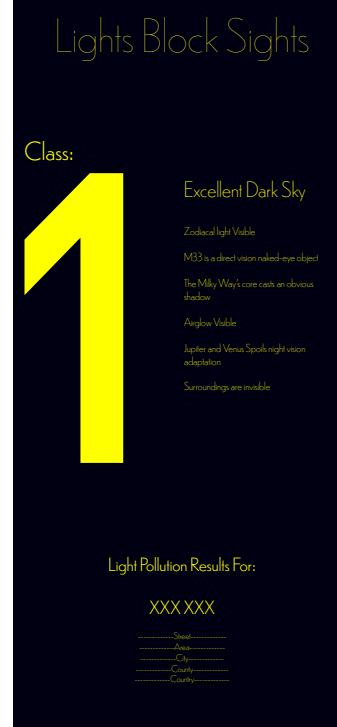
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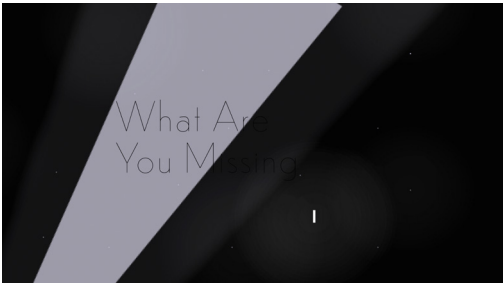
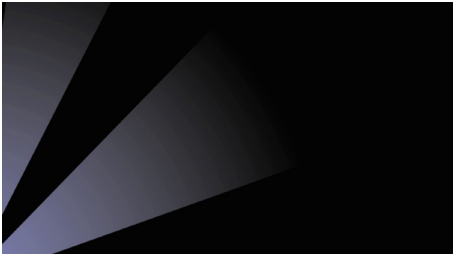
99% of
Europeans
are affected
by light
pollution







Warmer Lights



Warmer Lights



Warmer Lights



What is Light Pollution?

Causes & Bortle Scale

More Urban-More Polluted

Over-lighting

Sky Glow

How Does it Impact Me?

Environmental

Health effects

Statistics

What Can be Done About it?

5 Steps

What you can do, what they can do

Ensuring avocation in the community, push to the policy makers/decision makers

It has been shown that in normal retinas, melatonin exerted protection against free radical damage. Moreover MT1-type melatonin receptors were found in photoreceptor cells and MT1 knock-out mice demonstrated a loss of photoreceptors at 12 and 18 months of age, suggesting that lack of melatonin may be involved in retinal degeneration

Overused artificial lighting disrupts the bodies natural hormone production, preventing the repair of many vital components, including the retinas, responsible for sight.

